

So You're Expecting...



CBIZ wants to be sure you have convenient access to tools, programs and resources as you manage your health and the health of your dependents. As you prepare for a new addition, we want to partner with you for a healthy pregnancy, delivery and the time you will spend at home to bond with your new baby.

What You Need to Know:

- ❖ The United Healthcare **Healthy Pregnancy Program** is available to CBIZ medical plan members. Call 888-246-7389 from 8am to 8pm Monday through Friday to enroll. For more details go to: www.healthy-pregnancy.com.
- ❖ Schedule a meeting with your HR Representative to discuss maternity leave, extended leave, your benefits and the payment of your benefit contributions, if applicable.
- ❖ Call The Hartford at 800-549-6514 to inform them of your pregnancy. You can also confirm eligibility, enroll for **Maternity Leave/Salary Continuation** and learn if you have benefits through your work state.
- ❖ The Hartford will automatically file **FMLA** (Family & Medical Leave) for you, if eligible, to secure your job for up to 12 weeks while on leave.
- ❖ It is important to work with your providers to understand the costs and coverage for your care while pregnant, during delivery and after. Be sure to take advantage of the **Health Cost Estimator Tool** available on www.myuhc.com; once logged in, go to the *Estimate Health Care Costs* tab and follow the prompts. For additional assistance, please call UHC at 877-227-4372.
- ❖ Medical leave is considered a qualifying change in family status. **Benefit election changes** (for Medical, Dental, Vision or Section 125 plans) must be requested within 31 days of the qualifying event date. To request a change, log into the ESC (www.cbizesc.com); at the *Main Menu*, select *Enroll/Change* and follow the prompts. You may also call the ESC directly at 877-227-4372.
- ❖ Changes to voluntary benefits plans such as the CBIZ Retirement Plan and ESPP are allowable at any time by simply contacting the carrier directly.